



Sonny Throckmorton



Sonny Throckmorton is one of the most successful songwriters in country music, with over 1,000 of his songs having been recorded by such artists as Tanya Tucker, Dave & Sugar, Merle Haggard, Jerry Lee Lewis, the Oak Ridge Boys, Doug Stone and even comedian George Burns.

Sonny grew up in Wichita Falls, Texas. After college, he moved to San Francisco and played rock & roll in area clubs. At the urging of guitarist and publisher Pete Drake, he switched to country music and moved to Nashville in 1964. In 1965, Bobby Lewis had a Top Five hit with Throckmorton's "How Long Has It Been."

In 1975, Throckmorton moved back to Texas because he had promised himself that he would quit music if he didn't succeed by age 35. Success was just around the corner, and in nine months, over 150 of his songs were recorded, including "Thinking of a Rendezvous," Johnny Duncan's first number one hit. Another of his songs, "Knee Deep in Love with You," became a country standard. Between 1976 and 1980, a Throckmorton song appeared on the charts almost every week. His 1978 hit for Jerry Lee Lewis, "Middle Age Crazy," even became the basis of a major movie by the same name, and he was named Songwriter of the Year by the Nashville Songwriters Association three years in a row between 1978 and 1980.

Throckmorton's stature as a major songwriter flourished and in 1980, he was named BMI Songwriter of the Year. Seven years later, with innumerable hits under his belt, he was inducted into the Nashville Songwriters Hall of Fame. He retired to his Texas farm to be with his family.

The Texas Heritage Songwriters' Association is pleased to announce that Sonny Throckmorton will be inducted in March of 2006 as a Texas Heritage Songwriter. A plaque proclaiming this will be featured in "Coach Royal's Pickin' Room" at Historic Hill's Cafe in South Austin.

Awards

- 1977--Cashbox\Songwriter of the Year
- 1979--ACM\Song of the Year
It's a Cheating Situation
- 1979--NSAI\Songwriter of the Year
- 1980--DJ Songwriter of the Year
- 1980--NSAI\Songwriter of the Year
- 1985--ACM\Song of the Year
Why Not Me

Catalog Highlights

- Where the Cowboy Rides Away***
George Strait
- Why Not Me***
The Judds
- Middle Age Crazy***
Jerry Lee Lewis
- I Wish I Was Eighteen Again***
George Burns, Jerry Lee Lewis
- Tryin' to Love Two Women***
Oak Ridge Boys
- The Way I Am***
Merle Haggard
- Thinkin' of a Rendezvous***
Johnny Duncan
- I'm Knee Deep in Loving You***
Dave & Sugar
- Last Cheater's Waltz***
T.G. Sheppard, Emmylou Harris
- I Wish You Could Have Turned My Head (and Left My Heart Alone)***
Sonny Throckmorton, Peggy Forman, Oak Ridge Boys
- Fadin' In, Fadin' Out***
Tommy Overstreet
- I Feel Like Loving You Again***
T.G. Sheppard
- It's a Cheating Situation***
Moe Bandy